

LIFESTYLE ASSESSMENT

1. What areas of your lifestyle are you committed to changing now & why?

A.

B.

C.

2. In what areas of your life do you want to have prosperity?

A.

B.

C.

3. In what areas of your life do you invest the most time?

A.

B.

C.

4. In what areas of your life would you like to increase your happiness & fulfillment?

A.

B.

C.